# HBR'S 10 MUST READS ON WOMEN AND LEADERSHIP

**BY HARVARD BUSINESS REVIEW** 

# Contents

	3			
Comparing the Ratings of Male and Female				
Leaders				
Who Says Women Aren't Visionary?				
Which Diversity Efforts Actually Succeed?				
Model Workplace Climate Survey				
Percentage of Women Who Have Experienced				
Sexual Harassment				
Percentage of Women Experiencing One Or				
More Harassing Behaviors Within A Single				
Year				
Percentage of Women Experiencing Harassing				
Behaviors				
Harassers' Work Relationship to Targets				
Frequency of Types of Harassment				
Most Harassing Behaviors Occur Multiple				
Times Per Year				
Percentage of Harassed Women Experiencing				
Behavior				
Who Is Notified of Harassment				
Gender Differences in Experiences of Sexual				
Harassment				
Women with Ambition				
Women's Income				
Perceived Gender Discrimination				
How Many Opt Out?	18			
Why Do They Leave the Fast Lane?				
The High Cost of Time Out				
	20			

# Comparing the Ratings of Male and Female Leaders

**IN THE 360-DEGREE ASSESSMENTS** of participants in Insead's executive education program, female leaders received higher ratings than male leaders in most dimensions of leadership. But in one dimension—envisioning—women were rated lower than men.

	Which leaders rated themselves higher?	Which leaders did male observers rate higher?	Which leaders did females observers rate higher?
Envisioning	Neither	Men	Women
Empowering	Neither	Neither	Neither
Energizing	Women	Women	Women
Designing and aligning	Women	Women	Women
Rewarding and feedback	Neither	Women	Women
Team building	Neither	Women	Women
Outside orientation	Women	Women	Women
Global mindset	Neither	Neither	Neither
Tenacity	Neither	Women	Women
Emotional intelligence	Women	Women	Women

# Who Says Women Aren't Visionary?

**IN 360-DEGREE ASSESSMENTS,** women scored relatively low on vision, primarily because of scores given by their male peers.



### How men and women were rated on vision\*

\*Out of a total possible score of 56. Observers ranked the leader on a scale from 1 (lowest) to 7 (highest) for eight key behaviors.

# Which Diversity Efforts Actually Succeed?

**IN 829 MIDSIZE AND LARGE U.S. FIRMS,** we analyzed how various diversity initiatives affected the proportion of women and minorities in management. Here you can see which ones helped different groups gain ground—and which

#### Poor Returns on the Usual Programs

The three most popular interventions made firms less diverse, not more, because managers resisted strong-arming.

#### % Change over five years



MANDATORY DIVERSITY TRAINING for managers led to significant decreases for Asian-Americans and black women.



TESTING job applicants hurt women and minorities—but not because they perform poorly. Hiring managers don't always test everyone (white men often get a pass) and don't interpret results consistently.

### Programs That Get Results

Companies do a better job of increasing diversity when they forgo the control tactics and frame their efforts more positively. The most effective programs spark engagement, increase contact among different groups, or draw on people's strong desire to look good to others.



VOLUNTARY TRAINING doesn't get managers' defenses up the way mandatory training does and results in increases for several groups.





SELF-MANAGED TEAMS aren't designed to improve diversity, but they help by increasing contact between groups, which are often concentrated in certain functions.



#### COLLEGE RECRUITMENT TARGETING MINORITIES often focuses on historically

often focuses on historically black schools, which lifts the numbers of African-American men and women. MENTORING has an especially positive impact. Managers who sponsor women and minorities come to believe, through their increased contact, that their protégés deserve the training and opportunities they've received. set them back, despite good intentions. (No bar means we can't say with statistical certainty if the program had any effect.)



**GRIEVANCE SYSTEMS** likewise reduced diversity pretty much across the board. Though they're meant to reform biased managers, they often lead to retaliation.



- 🖾 Asian men
- Asian women



CROSS-TRAINING also increases managers' exposure to people from different groups. Gains for some groups appear to come at a cost to Hispanic men.



#### COLLEGE RECRUITMENT TARGETING WOMEN turns

recruiting managers into diversity champions, so it also helps boost the numbers for black and Asian-American men.



#### DIVERSITY TASK FORCES

promote social accountability because members bring solutions back to their departments—and notice whether their colleagues adopt them.



#### DIVERSITY MANAGERS

sometimes put ineffective programs in place but have a positive impact overall in part because managers know someone might ask them about their hiring and promotion decisions.

Note: In our analysis, we've isolated the effects of diversity programs from everything else going on in the companies and in the economy.

## **Model Workplace Climate Survey**

Complete the following survey about your experience at XYZ Company, without referring to experiences at any prior organizations. The value of this survey depends directly on getting an accurate view of our workplace culture, so please answer all questions as honestly as possible.

- Which of the following describes your gender?
  - Male
  - Female
  - Prefer to self-describe (specify)
  - Prefer not to say

#### Gender Bias

- 2. I feel valued by the organization.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 3. I believe my opportunities for career success are negatively affected by my gender.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 4. The people I work with treat me with respect and appreciation.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion

- (5) Slightly agree
- (6) Agree
- (7) Strongly agree
- My views are encouraged and welcomed by my supervisors and senior leaders without regard to my gender.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- Career-enhancing assignments and opportunities are disproportionately given to men.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree

#### Civility

- My coworkers are courteous and friendly.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion

- (5) Slightly agree
- (6) Agree
- (7) Strongly agree
- 8. I'm aware of unpleasant and negative gossip in the workplace.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 9. I'm aware of abusive, disrespectful, or hostile treatment of employees.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 10. I'm aware of bullying behavior in the workplace.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- There are adverse consequences for senior leaders who are abusive, disrespectful, or hostile.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 12. I have been criticized for my personal communication style or appearance.
  - (1) Very frequently
  - (2) Somewhat frequently
  - (3) Not at all frequently
  - (4) Never

- 13. All individuals are valued here.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree

#### Inappropriate Sexual Conduct

- I have experienced or witnessed unwanted physical conduct in the workplace or by coworkers away from the workplace.
  - (1) Very frequently
  - (2) Somewhat frequently
  - (3) Not at all frequently
  - (4) Never
- I have witnessed or heard of offensive or inappropriate sexual jokes, innuendoes, banter, or comments in our workplace.
  - (1) Very frequently
  - (2) Somewhat frequently
  - (3) Not at all frequently
  - (4) Never
- I have witnessed or heard of the electronic transmission of sexually explicit materials or comments by coworkers.
  - (1) Very frequently
  - (2) Somewhat frequently
  - (3) Not at all frequently
  - (4) Never
- I have received sexually inappropriate phone calls, text messages, or social media attention from a coworker.
  - (1) Very frequently
  - (2) Somewhat frequently
  - (3) Not at all frequently
  - (4) Never
- I have been asked or have witnessed inappropriate questions of a sexual nature.
  - (1) Very frequently
  - (2) Somewhat frequently
  - (3) Not at all frequently
  - (4) Never
- I have been the subject of conduct that I consider to be sexual harassment.
  - (1) Very frequently
  - (2) Somewhat frequently

- (3) Not at all frequently
- (4) Never
- 20. Managers here tolerate or turn a blind eye to inappropriate sexual conduct.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- I feel unsafe at work because of inappropriate sexual conduct by some individuals.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- I've seen career opportunities be favorably allocated on the basis of existing or expected sexual interactions.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 23. I would be comfortable reporting inap
  - propriate sexual conduct by a coworker.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 24. I would be comfortable reporting inappropriate sexual conduct by a supervisor.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree

- (4) Neither agree nor disagree, or have no opinion
- (5) Slightly agree
- (6) Agree
- (7) Strongly agree

#### **Overall Workplace Climate**

- My productivity has been affected by inappropriate gender-related behavior in the workplace.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- I have considered leaving my job because of inappropriate gender-related behavior in the workplace.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- Star performers are held to the same standards as other employees with respect to inappropriate gender-related behavior.
  - (1) Strongly disagree
  - (2) Disagree
  - (3) Slightly disagree
  - (4) Neither agree nor disagree, or have no opinion
  - (5) Slightly agree
  - (6) Agree
  - (7) Strongly agree
- 28. I have experienced or witnessed inappropriate gender-related behavior by third parties (such as customers, vendors, and suppliers) associated with our organization.
  - (1) Very frequently
  - (2) Somewhat frequently
  - (3) Not at all frequently
  - (4) Never

- 29. The organization's policies and processes with respect to prohibiting and reporting inappropriate gender-related behavior are easy to understand and follow.
  - (1) Strongly disagree
  - (2) Disagree

- (3) Slightly disagree
- (4) Neither agree nor disagree, or have no opinion
- (5) Slightly agree
- (6) Agree
- (7) Strongly agree

# Percentage of women who have experienced sexual harassment

At three diff erent ages



Note: Estimates include only women who responded to all three waves of data collection.

Percentage of women experiencing one or more harassing behaviors within a single year



# Percentage of women experiencing harassing behaviors



## Harassers' work relationship to targets

Of the nearly 400 harassers reported by women in one analysis, coworkers were responsible for three times more reported incidents than supervisors.



Note: Respondents could report more than one harasser.

# Most harassing behaviors occur multiple times per year

Percentage of harassed women who said they experienced the behaviors:



Note: May not add up to 100% because of rounding.

## Who is notified of harassment

Percentage of harassed women who informed:



Note: Respondents could report harassment to more than one person/agency.

# Gender differences in experiences of sexual harassment

Percentage of people who experienced one or more sexually harassing behaviors: 36%



16

# Women with ambition



# Women's income



## Perceived gender discrimination



# How Many Opt Out?

**IN OUR SURVEY OF HIGHLY QUALIFIED PROFESSIONALS,** we asked the question, "Since you first began working, has there ever been a period where you took a voluntary time out from work?" Nearly four in ten women reported that they had—and that statistic rises to 43% among women who have children. By contrast, only 24% of highly qualified men have taken off-ramps (with no statistical difference between those who are fathers and those who are not).



# Why Do They Leave the Fast Lane?

**OUR SURVEY DATA SHOW** that women and men take off-ramps for dramatically different reasons. While men leave the workforce mainly to reposition themselves for a career change, the majority of women off-ramp to attend to responsibilities at home.



## 19

# The High Cost of Time Out

**THOUGH THE AVERAGE AMOUNT** of time that women take off from their careers is surprisingly short (less than three years), the salary penalty for doing so is severe. Women who return to the workforce after time out earn significantly less than their peers who remained in their jobs.

